Rethinking clinical academic careers: a view from the UK

Matthew Walters Head of the School of Medicine University of Glasgow

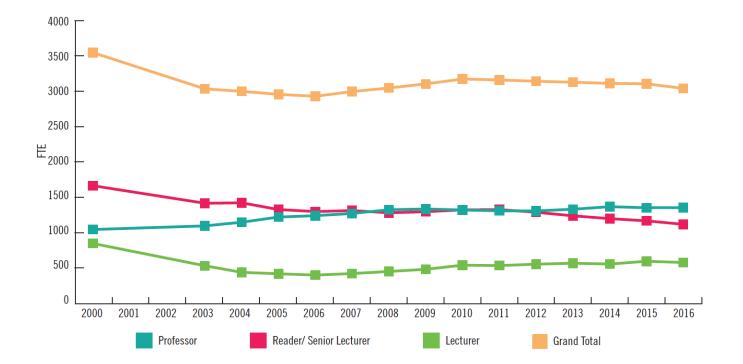
Setting the scene

- Delivery of safe, effective healthcare of high quality is predicated upon a well-trained medical workforce
- This workforce includes clinical academics whose career includes a specific commitment to research / education / leadership

• Clinical academia is stagnant

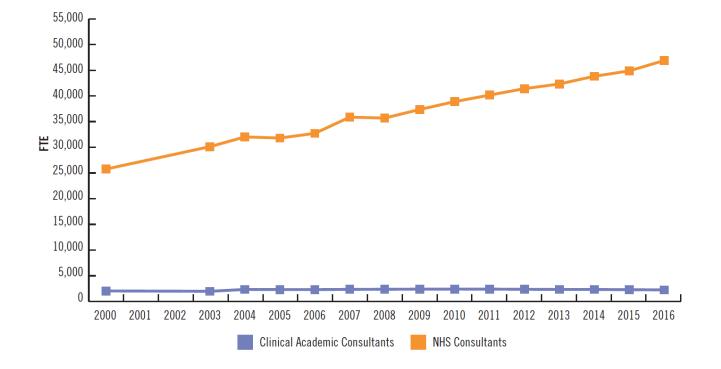
- Numbers of clinical academics have remained static for last two decades
- Landscape of expansion of clinical posts in most healthcare systems
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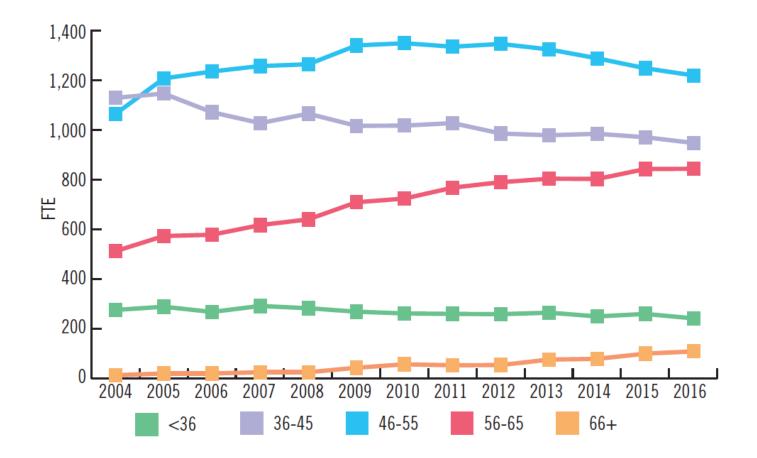
- Clinical academia is stagnant
 - Numbers of clinical academics have remained static for last two decades
 - Landscape of expansion of non-academic clinical posts in most healthcare systems
 - Influence of clinical academia is diminishing

The rise of the non-academic



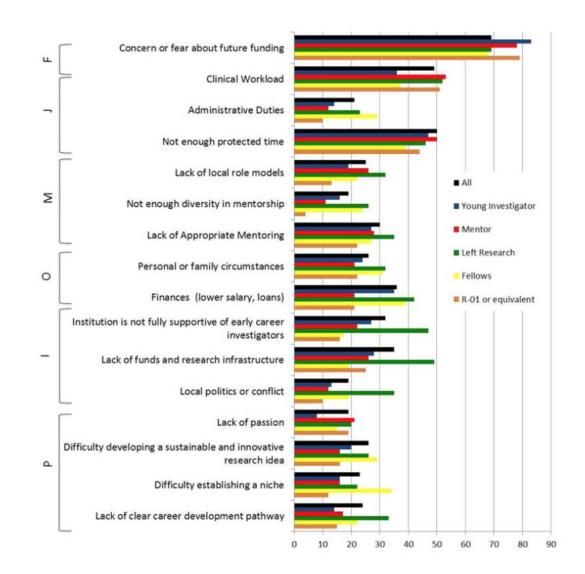
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- Numbers of clinical academics have remained static for last two decades
- Landscape of expansion of clinical posts in most healthcare systems
- Influence of clinical academia is diminishing, and the demography suggests this will get worse

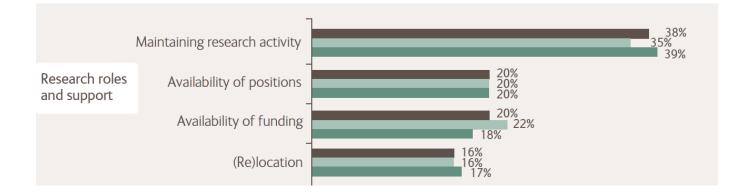


Why have we stagnated

- Barriers to entry to academia
- Current training structures
 - The pipeline is leaky
- Lack of diversity

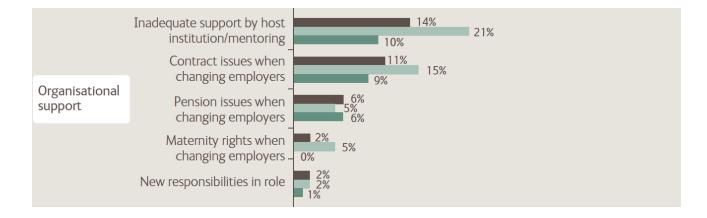


Barriers in career transition



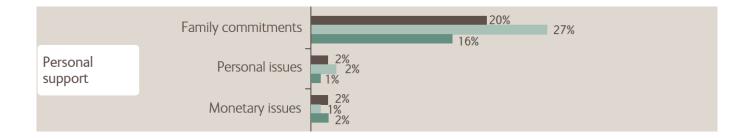


Barriers in career transition





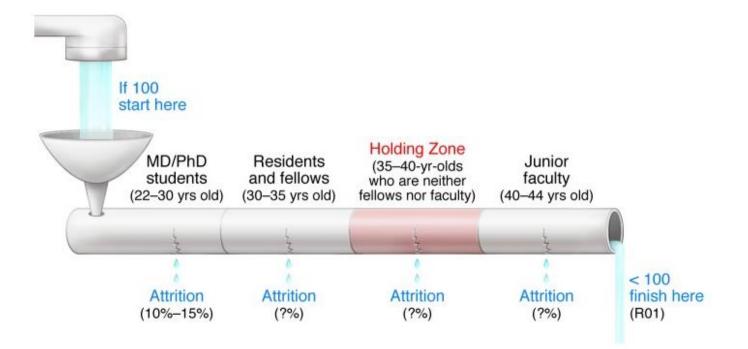
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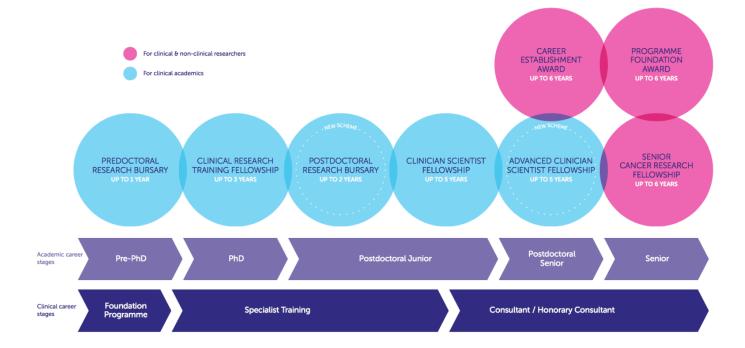




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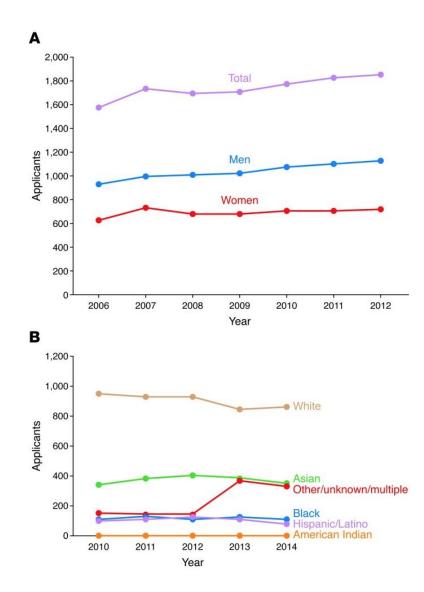
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- Barriers to entry to academia
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A sorry state of affairs...

- Numbers of clinical academics have fallen this century
- Training structures are long and complex
- Barriers to a clinical academic career are legion, and formidable
- The ecosystem in which we live is becoming more hostile
- In conservation biology terms we have hit "Critical Depensation"
- We are a threatened species

Resuscitating homo academicus



Visions of the future

Excellent work being done across the globe

Internal Medicine Journal 45 (2015)

POSITION PAPER

Building a sustainable clinical academic workforce to meet the future healthcare needs of Australia and New Zealand: report from the first summit meeting

J. Windsor,¹ J. Searle,² R. Hanney,³ A. Chapman,⁴ M. Grigg,^{5,6} P. Choong,⁷ A. Mackay,⁸ B. M. Smithers,⁹ J. A. Churchill,^{10,11} S. Carney,¹² J. A. Smith,¹³ Z. Wainer,¹⁴ N. J. Talley,^{15,16} and M. A. Gladman¹⁷

'Faculty of Medical and Health Sciences, Liniversity of Auckland, Auskland, New Zealand, "School of Medicine, Criffith University, Cold Coast, 'Discipline of Surgery, Liniversity of Queersland, Princesa Reandra Hospital, Bribanea, Queersland, "Department of Surgery, Liniversity of Sydney, 'New South Wales Office Reyal Australasin College of Surgeons, "The Reyal Australasian College of Physicians, "Academic Colorestal Unit, Sydney Medical School, University of Sydney, "University of Newcastle, New South Neiles, "Nebbourne Brilder, Reyal Australasina College of Surgeons, "Eastern Health Clinical School, Monash Liniversity, "Department of Surgery, The University of Mebourne, "Australian College of Surgeons, "Eastern Health Clinical School, Monash Liniversity, "Department of Surgery, The University of Mebourne, "Australian College and Medical School, Monash University, "Department of Surgery, The University of Mebourne, "Australian College London, London, UK

Open Access

BMJ Open The clinical academic workforce of the future: a cross-sectional study of factors influencing career decision-making among clinical PhD students at two research-intensive UK universities

Joana Lopes,¹ Veronica Ranieri,^{2,3} Trevor Lambert,⁴ Chris Pugh,¹ Helen Barratt,³ Naomi J Fulop,³ Geraint Rees,² Denise Best¹

Research

Rescuing the physician-scientist workforce: the time for action is now

Dianna M. Milewicz,¹ Robin G. Lorenz,² Terence S. Dermody,³ Lawrence F. Brass,⁴ and the National Association of MD-PhD Programs Executive Committee⁵

¹Department of Internal Medicine, University of Texas Health Science Center at Houston, Houston, Texas, USA. ²Department of Pathology, University of Alabama at Birmingham, Birmingham, Alabama, USA. ³Departments of Pediatrics and Pathology, Microbiology, and Immunology, Vanderbilt University School of Medicine, Nashville, Tennessee, USA. ⁴Departments of Medicine and Pharmacology, University of Pennsylvania, Philadelphia, Pennsylvania, USA. ⁵The National Association of MD-PhD Programs Executive Committee is detailed in the Supplemental Acknowledgments.

UK review



Securing the future of excellent patient care

Final report of the independent review Led by Professor David Greenaway



Undergraduate training

- Early engagement
- Provision of role models
- Develop undergraduate societies
- Mentorship
- Intercalated degrees / enrichment years
- Travel bursaries
- Conferences and PubMed publications





Prevocational years

- Separate stream for approx 10% ("Academic Foundation")
- Early retention strategies:
 - Mentorship
 - Milestones
 - Generic research skill tuition
- Accredited training
- Recognition of trainers

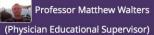


Higher training

- Flexible conjoint academic positions
- Attainment of doctoral degree by research
 - Ease of extrication from clinical training programme
- Robust and supportive performance management
 - NHS e-portfolio
- Protected academic time (vs duration of training)
- Ongoing opportunities for upskilling

JRCPTB

Joint Royal Colleges of Physicians Training Board



Select Role - Profile - Status Reports - Trainees - Messages Help -



Summary Overview

Below is a summary of all assessments, appraisals, supervisor's reports and ARCP forms recorded by post.

Select Year or Post: OOP - Not placed (Scotland West) (01 Oct 2014 to 31 Mar 2018) 💠

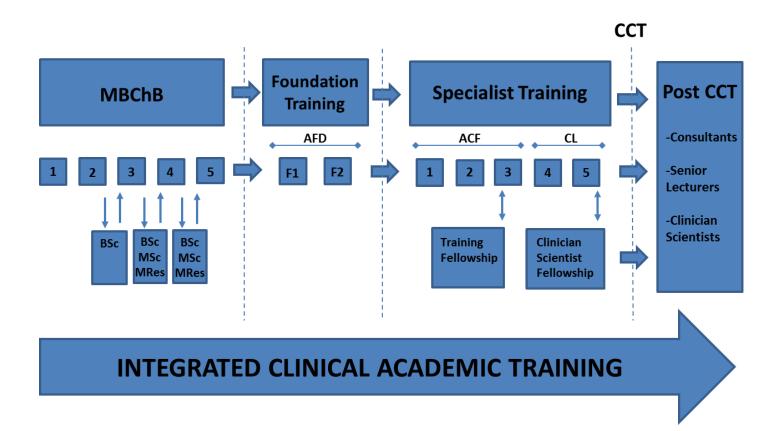
Dr Linsay McCallum Physician

Linsay McCallum ysician Trainee	Type Form	Submissions
Selected Trainee	OOP - Not placed (Scotland West) - Clinical Pharmacology & Therapeutics (SES389) - Clinical Pharmacology & Therapeutics, OOPR (Oct 2014 to 31 Mar 2018)	
ofile 🗸	Academic Supervisor's Report	+ Create
riculum v	ACAT SLE HST	Q 6 Submissions + Create
essment v	Cbd SLE HST	Q 15 Submissions + Create
ection -	Clinical Pharmacology and Therapeutics PYA report	Q 1 Submission + Create
aisal -	e General (Internal) Medicine PYA report	Q 1 Submission + Create
ression -	mini-CEX SLE HST	Q 1 Submission + Create
arning	Stroke Medicine Year Assessment (only applicable to trainees who have been appointed to an approved sub-specialty Stroke Medicine post)	- + Create
	Summary of Clinical Activity and Teaching Attendance (HST)	- + Create
	Summary MSF	Q Summary + Create

Key actions to revitalise academia

- Plug the leaky pipleine
 - Shorten time to independent research position
 - Simplify the structures
 - Greater flexibility
- Centralise and structure the mentoring and oversight of young academics
- Attend to diversity issues in recru





Summary

- Clinical academia has stagnated in the 21st Century
- This poses a huge threat to innovation, discovery and ultimately to effective patient care
- The problem has been recognised globally
- A concerted and multifaceted approach will be required to re-invent the clinical academic career