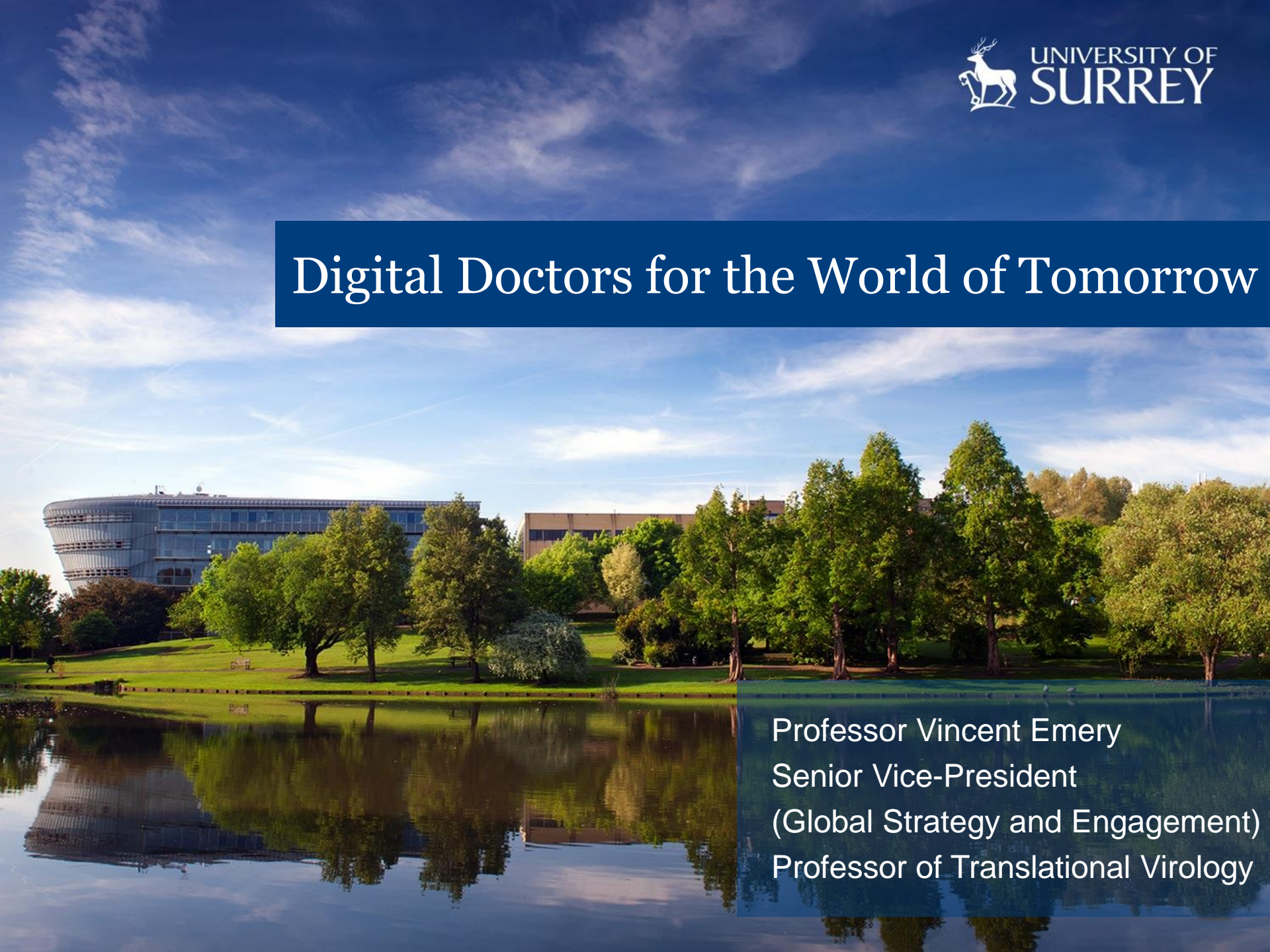
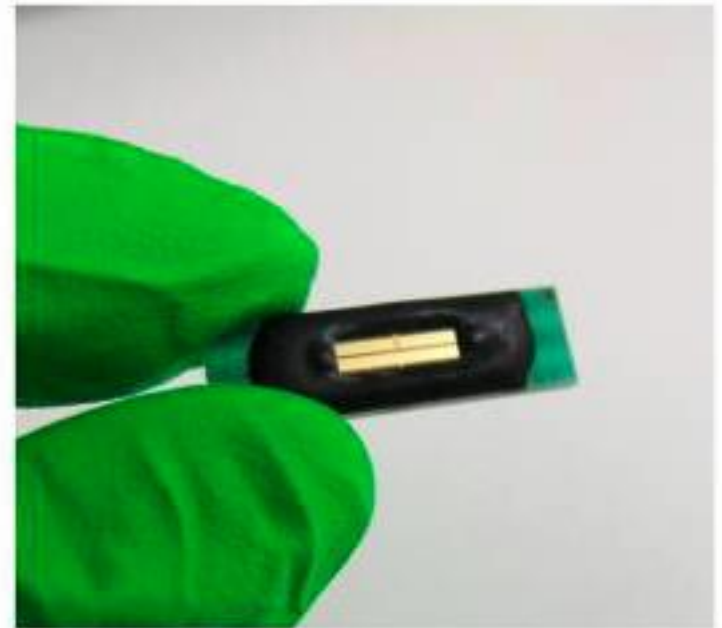


Digital Doctors for the World of Tomorrow



Professor Vincent Emery
Senior Vice-President
(Global Strategy and Engagement)
Professor of Translational Virology

- What are the skills required for the 21st century doctor
- Changes in healthcare management
- How should we educate doctors for these changes
 - Living in the digital age
- The Surrey approach to launching a new Medical School



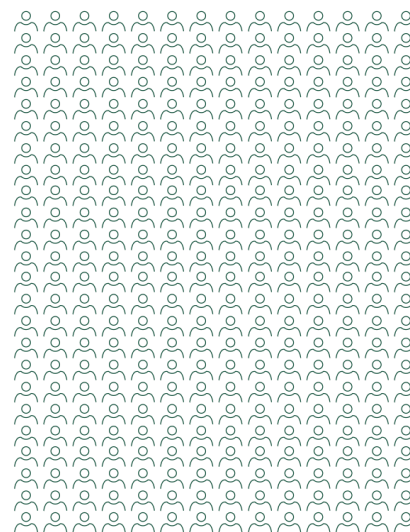
Budget and demand is forcing change in our healthcare system

£1.42b spent on emergency admissions
70% adult population inactive
21% smoke, 26% are obese

Fiscal challenge

Ageing
population

Multiple
conditions

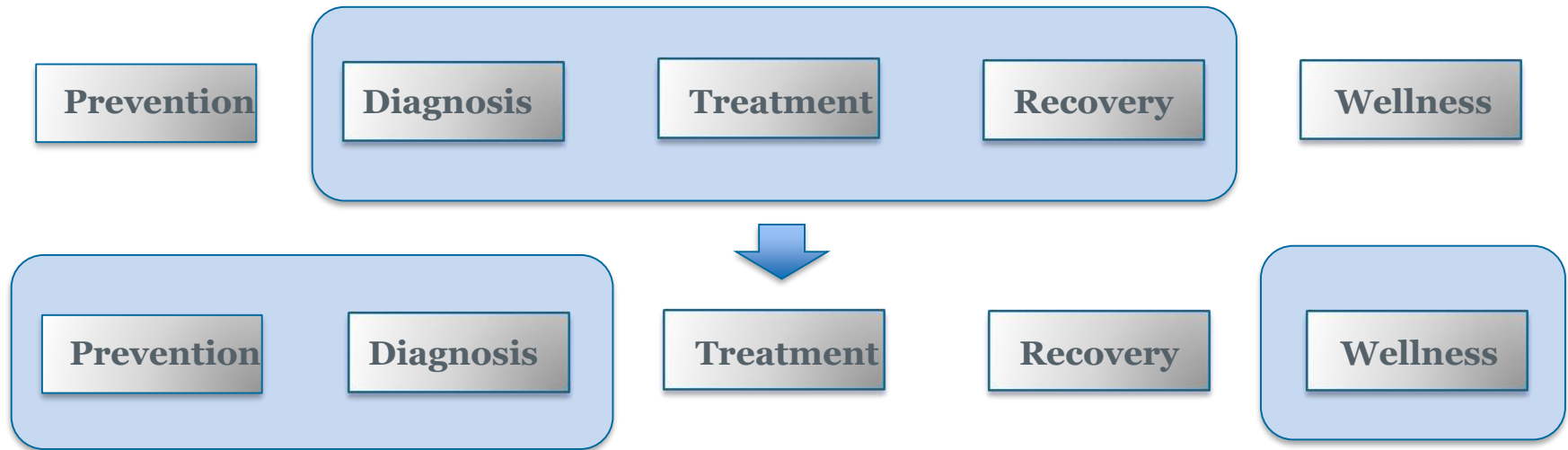


In next 20 years
number of people aged
65-84 will grow by 1/3,
those over 85 will more
than double



Most people over 75
have two or more LTCs

>65 = 80% hospital
stays over 2 weeks



“...a radical upgrade in prevention and public health”

“Break down the barriers in how care is provided....between primary care, community services, hospitals, social care, mental health...”

“...integrated hospital and primary care systems”

“multispecialty community providers”

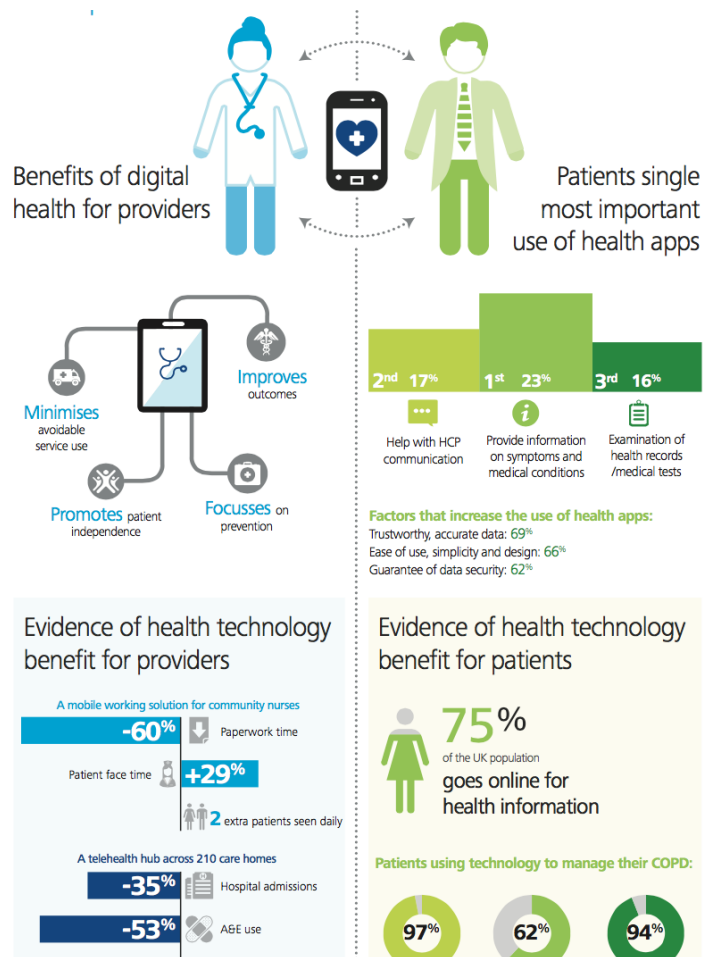
Technology is key to future healthcare delivery



Why eHealth - CONNECTED SOCIETY...



How digital technology is transforming health and social care



Technology enhanced care is capable of providing cost-effective solutions at a time when the demands on health and social care services continue to increase.

Mobile health in 2024



1. Contact lenses

A microscopic camera in the lens takes pictures of the **retina** and matches these to past cases, identifying early symptoms of **diabetic retinopathy**

Fact
1% of global blindness can be attributed to diabetes. Approximately 4,200 people in England are blind due to diabetic retinopathy

2. Fridge

The fridge monitors the **digestive system**: drinks consumed (thirst); vitamin consumption (**deficiencies**); calories/sugar consumption (insulin levels)

Fact
Diabetes is set to cost the NHS £16.9 billion by 2035/6

3. Artificial pancreas

Mini artificial **pancreas** to detect irregular **blood sugar** levels and injects insulin when necessary

Fact
Worldwide in 2013, 382 million people had diabetes; by 2035 this is projected to rise to 592 million

4. Clothes

Smart fibres in all clothes sense a rash or skin condition appearing, signalling the possible onset of diseases such as **skin cancer**

Fact
There are currently almost 13,000 new cases of skin cancer diagnosed each year in the UK

5. Thermometer patch

An electronic stick-on "tattoo", half the width of a human hair in size that detects precise **temperature changes** around the area of skin where it is placed, tracking

6. Shoes and socks

Shoes and socks track movement of **feet**, detect when you are too sedentary and update you on **fitness** goals, as well as monitoring your **weight**

Fact
Physical inactivity costs the NHS £900 million annually

7. Nappies

Smart nappies monitor children's **sleeping patterns** and **body temperature** for symptoms of illness such as **dehydration**

Fact
Approximately 440,000 children around the world have diabetes with 70,000 new cases diagnosed each year

8. Toilet

The smart toilet monitors the **liver** and **kidney** by measuring the frequency and amount of urine passed, analysing for **glucose levels**, **dehydration**, **infection** and kidney problems. It also alerts for high **blood pressure**, a symptom of heart disease

Fact
Coronary Heart Disease is the UK's biggest killer with 82,000 deaths annually. Globally, more people die from cardiovascular disease than any other cause

9. Monitoring

Continuous **data collection** and instant **reporting** of fitness mean that prevention of disease can be **incentivised** with rewards for positive behaviour - the "gamification" of healthcare, driving **positive behaviour change**

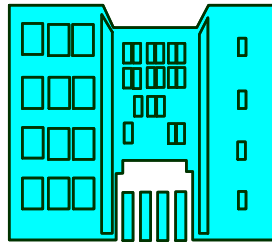
Fact
Obesity could cost the NHS £9.7 billion more by 2050



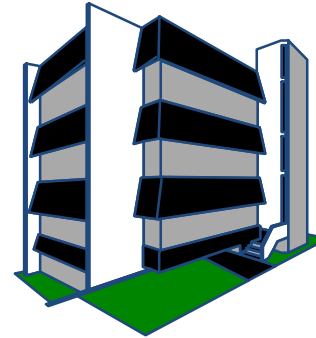
home



primary care centre



community care
centre



local hospital



regional/specialist
hospital

Evolution of healthcare up until the late twentieth century

Evolution of healthcare since the late twentieth century

Evolution of laboratory medicine up until the late twentieth century

Point-of-care testing for the future



- New solutions to engage citizens to take control of wellness and disease prevention
- Health care no longer in the specialist domain – ‘disruptive’
- Predictive, personalised and preventative
- Moving from episodic and reactive to continuous and proactive models of care



The Surrey Approach

Launching a new medical school

Medical graduates fit to deliver caring, integrated and technologically advanced healthcare

They will be great clinicians and communicators, but also:

- Leaders in embracing the potential of digital and communication technologies, keen to innovate and improve
- Able to work dynamically in multi disciplinary teams across community and hospital boundaries, to the benefit of their patients, they will be flexible and resilient, able to embrace and adapt to changing healthcare needs.

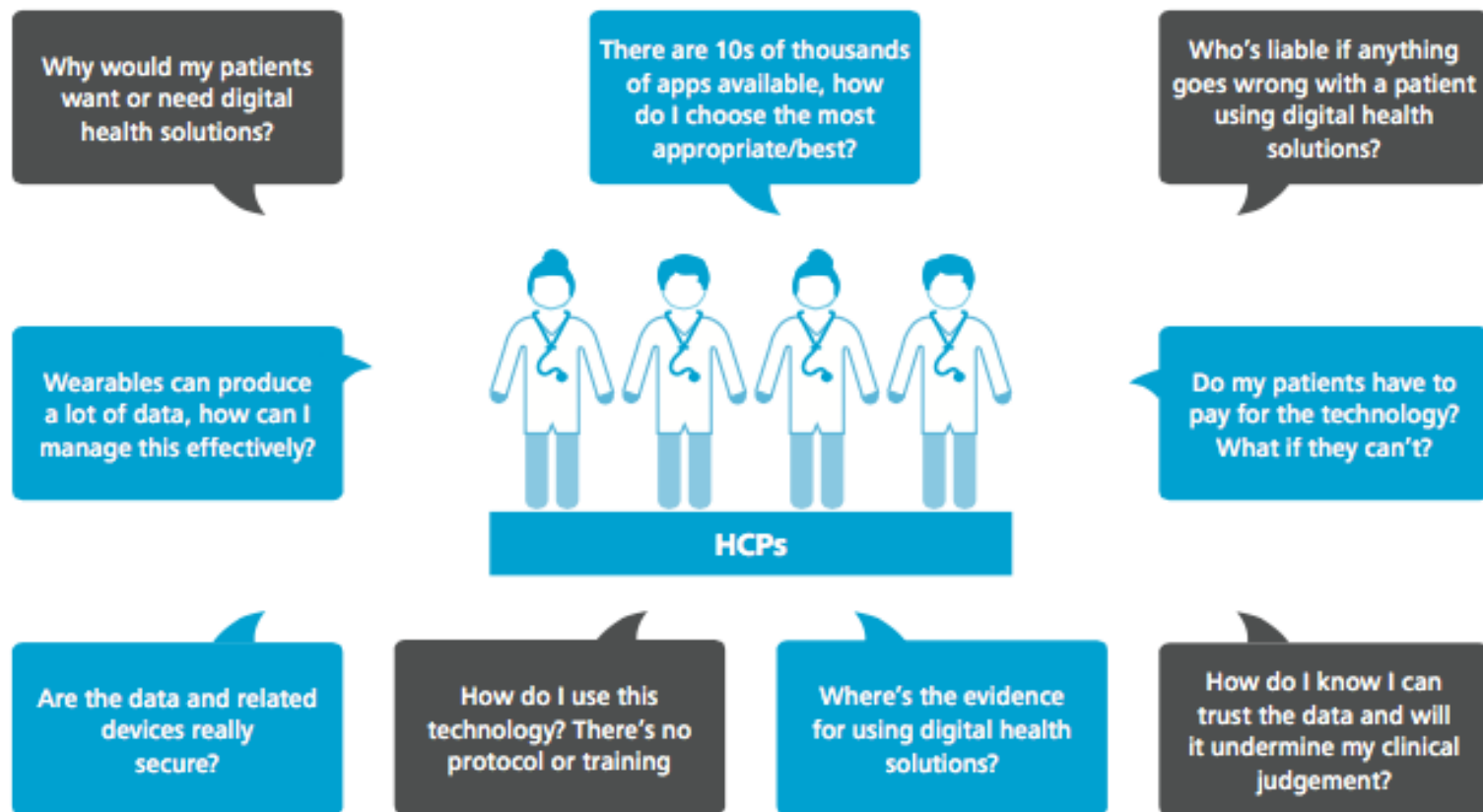
Our graduates will understand the interconnected factors of environment and economy that affect physical and mental health, and have a strong sense of social responsibility to the diverse communities they serve.

Surrey doctors will be...

- Confident intellectually-curious generalists
- Trained in a research-informed background but many/most looking forward to work in the UK, in hospitals and general practice
- Demanding and innovative leaders in practicing digital medicine wherever they go; *doctors able to lead change in a digital world*
- Understanding of the power of digital to transform health economics and patient experience
- Willing and able to reach beyond their speciality when treating patients with multiple morbidities
- Equipped with the skills to work with patients 1-1 and in the community setting through experiences from term one and the entire fifth year

Barriers preventing technology enhanced communication adoption by healthcare providers

Staff, particularly doctors, are often reluctant to engage with technology, illustrating the importance of engaging staff during the design phase of deployment

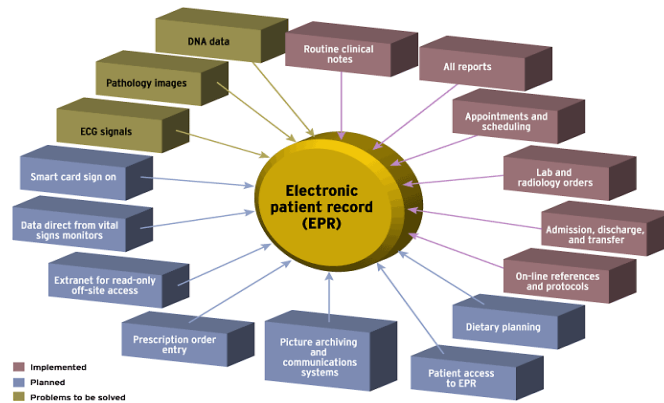


Source: Deloitte Centre for Health Solutions analysis, 2015

- Gap between current medical curriculum and eHealth/clinical informatics in health care contexts clearly identified
- Traditional clinical training does not always equip medical practitioners with the knowledge and skills required to understand how eHealth can be used to improve outcomes for patients, clinicians or organisations or to work collaboratively as a MDT eHealth team
- Requirement for a fundamental change in the design and delivery of medical education to ameliorate the forecasted shortages in the medical workforce
- Need to better prepare medical students to practice in modern, technology-enabled environments
- Shift focus on illness to wellbeing



Doctors of the future...



UCLA physicians are now able to gather data from sensors to analyze brain functions in real time with IBM Watson Foundations.

IBMBigDataHub.com

Big Data & Analytics

IBM



‘To encourage the adoption by health and social care profession of telemedicine and other digital technologies that deliver much improved patient outcomes, more effectively and efficiently;

- to pioneer the teaching of digital health technologies to clinicians and medical students;
- to explore how digital health technologies, such as apps, can assist in delivering clinical education and health and social care delivery;
- to equip and educate healthcare managers, decision-makers and policy makers on the relevance of adopting digital health technologies;
- to promote healthcare and technological system innovations;
- to disseminate good practice and establish standards’



The Royal Society of Medicine (<https://www.rsm.ac.uk/sections/sections-and-networks-list/telemedicine-ehealth-section.aspx>)

How will our students learn digital and communication technology?

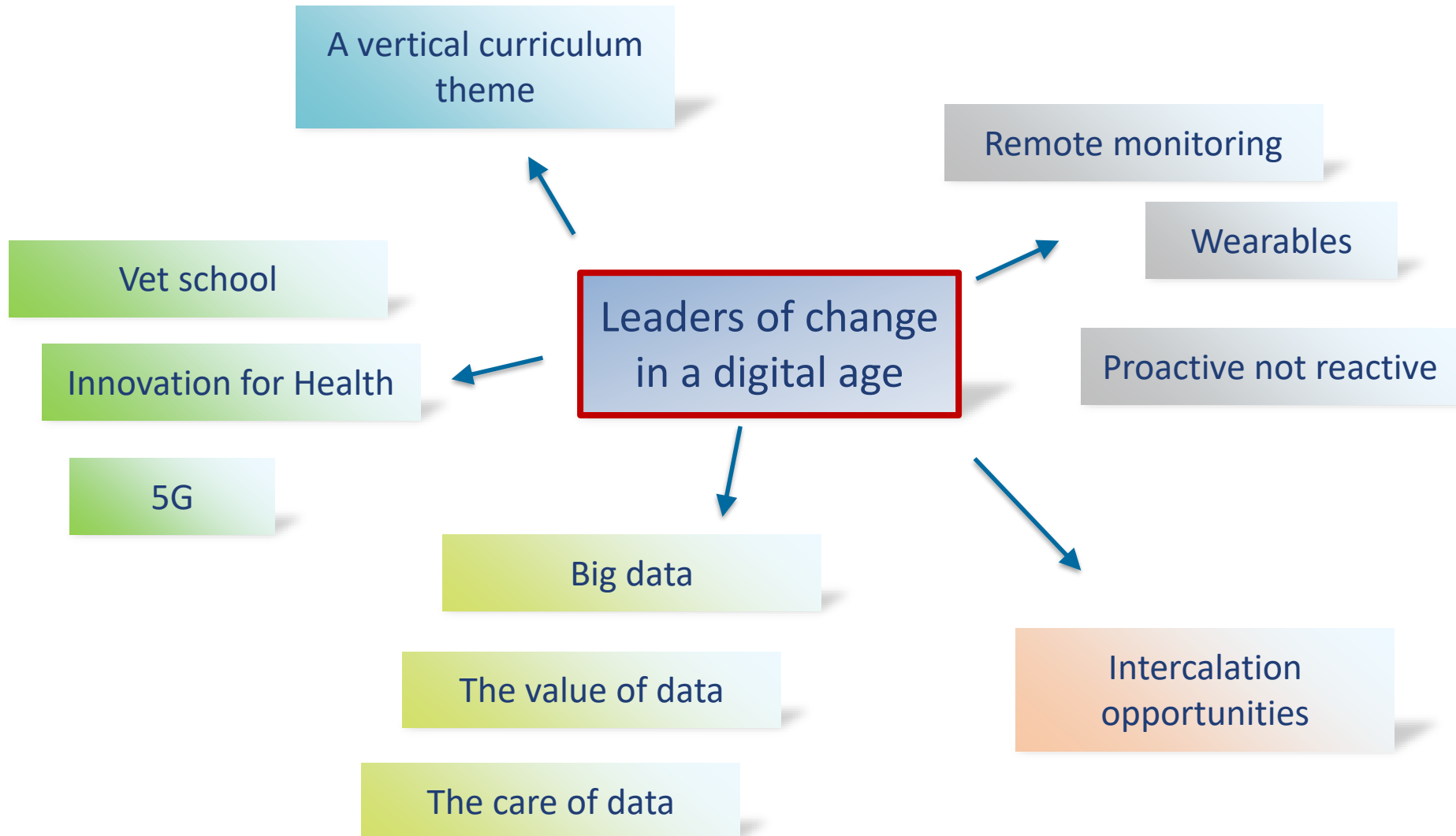
Digital technology principles integrated into case based learning:

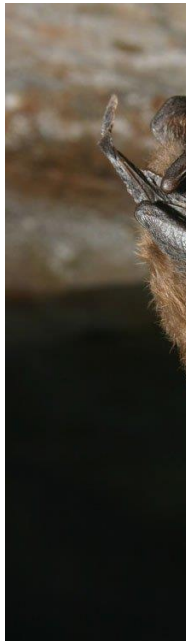
- **Year 1: Understanding the value of data** – ethics of consent, collection, coding and confidentiality.
- **Year 2: Applying data to healthcare situations:** ‘big data’ and practical examples of its uses

Intercalated BSc (optional but about 50-60% will want to do one) in eHealth, 5G Innovation Centre, Medical/ Vet Engineering, Medical Physics, Industry exposure, as well as the ‘usual’ subjects.

Years 3 & 4: Student Selected Components (short projects)

Year 5: Electives: Future applications of data, evaluating e technology and translating its use to a patient population: eHealth patient monitoring and pre-empting emergencies. Placements in industry related to medicine.







zoetis

enterprise **m3**
Driving prosperity in the M3 corridor

What is the 5GIC?

The 5G Innovation Centre 5GIC is based at the University of Surrey in the Institute of Communications Systems

- World's largest academic/industry research partnership & test facility for the development of future 5G Communications.
- £5m from Enterprise M3 (EM3) the Local Enterprise Partnership and £10M from UK government to support:
 - 5GIC test facilities development
 - Step-out 5GIC facilities to SMEs within the region
 - Create 5G Incubation Facilities at key locations within the region
 - Develop links to other regions of the UK
- £58m already invested by industry partners
- £12m investment from the Higher Education Funding Council.
- UK-based and with significant international connections to China, Korea & Japan
- EM3 Board link between 5GIC and China Britain Business Council.

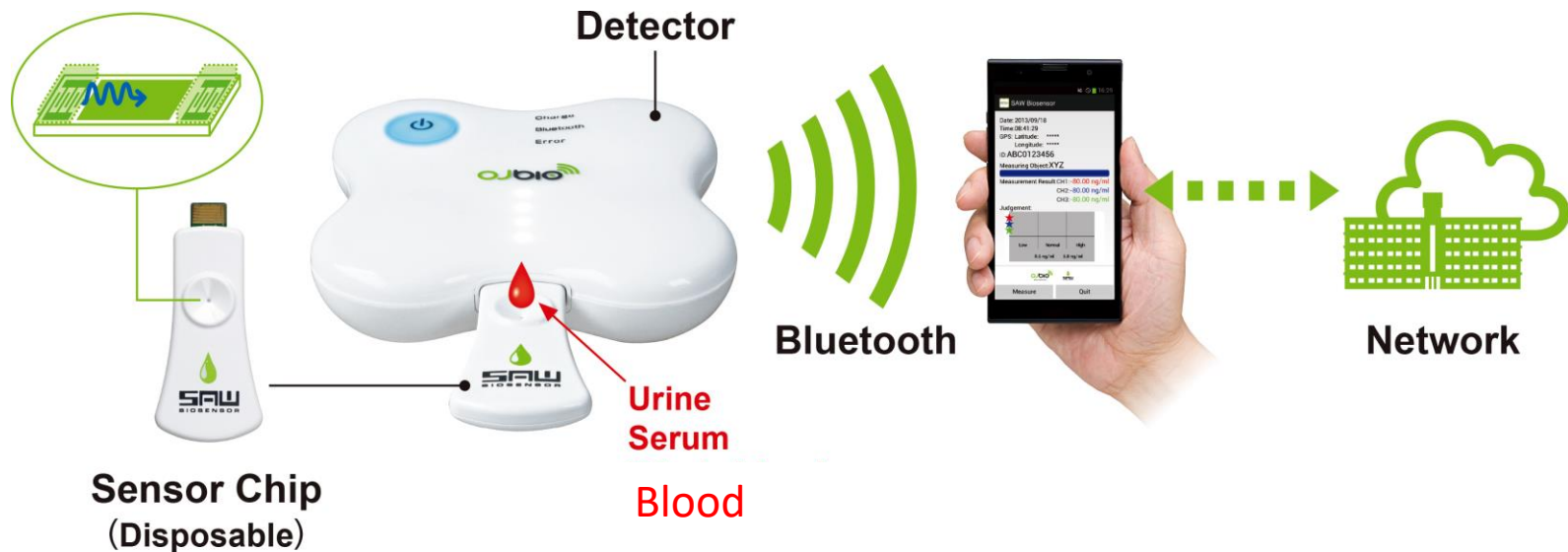


- Delivering faster, lower latency and more reliable mobile broadband. This means a new radio access technology, coverage extending to cell edges, a flatter network architecture making use of software defined networking and network function virtualisation.
- Sufficient rate so that the user has the impression of infinite capacity.

Internet of Things

- Connecting very many devices in a way that is spectrally efficient and allows 10 year device battery life. Exploring the power of big data and analytics.
- Applying IoT technology to application verticals like eHealth, m-Health, connected cars, smart cities, smart homes, video gaming:
 - Example is our roll out of dementia patient monitoring in the home environment - now embedded in 75 homes in local area
- Much higher energy efficiency and higher cyber security and data privacy performance

PoCs for tomorrow: mobile phone connected test for HIV



i-sense.org.uk

NHS
*National Institute for
Health Research*

Turbé V, Gray ER, Lawson VE, Nastouli E, Brookes JC, Weiss RA, Pillay D, Emery VC, Verrips CT, Yatsuda H, Athey D, McKendry RA. Towards an ultra-rapid smartphone- connected test for infectious diseases. Sci Rep. 2017 Sep 20;7(1):11971.

<https://youtu.be/A7-GOZ1rFrU>

- Preventative medicine is key
- Integration of digital technology into all aspects of patient management key to deliver cost effective and efficient healthcare
- Need to educate the next generation of doctors that are able to:
 - Work across traditional disciplines
 - Be comfortable with technology and evolving technologies
 - Agile and adaptable
 - Aware of the global nature of healthcare and potential threats

Thank you

There does not exist a category of science to which one can give the name applied science. There are science and the applications of science, bound together as the fruit of the tree which bears it.

Louis Pasteur

