16–18 October 2017
Kaohsiung Medical University
Kaohsiung, Taiwan



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# PATIENT-CENTRED MEDICAL EDUCATION

"TOWARDS THE HUMANISATION OF MEDICAL TEACHING"

Prof. Dr. Luis Collado Yurrita Prof. Dr. M. Jose Ciudad Cabañas



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# PATIENT-CENTRED MEDICAL EDUCATION

### **BACKGROUND HISTORY**

- 1957 Michael Balint. Developed the Clinician Self-Awareness Model
- 1970. Balint et al: Created the term "Patient-Centred Medicine"
- 1979. Wright and MacAdam. Described the Patient-Centred Method
- 1986 Newman and Young described the clinical approach of the person as a whole

SOURCE. Suarez M.A..Medicina Centrada en el paciente.Rev Med. La Paz 18(1):67-72

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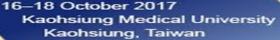
DOCTORS ARE MEN WHO PRESCRIBE MEDICINES OF WHICH THEY KNOW LITTLE, TO CURE DISEASES OF WHICH THEY KNOW LESS, IN HUMAN BEINGS OF WHOM THEY KNOW NOTHING

Voltaire (1694-1778)

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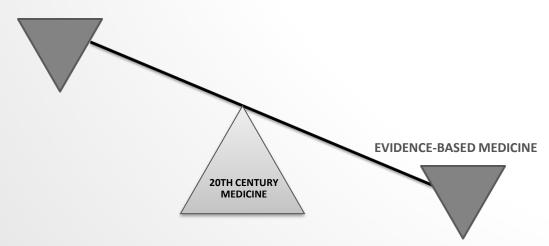
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### PATIENT-CENTRED MEDICINE



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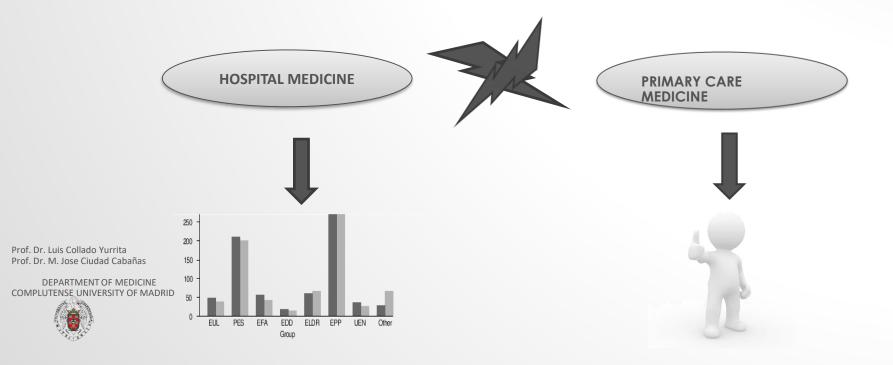
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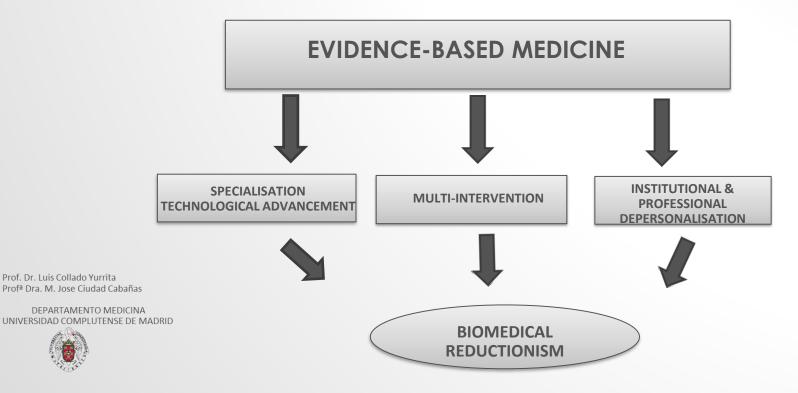
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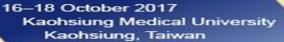


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# PATIENT-CENTRED MEDICINE KNOWING UNDERSTANDIN G BEING REALISTIC RESPECTING

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# PATIENT-CENTRED MEDICAL EDUCATION

### BENEFITS OF PATIENT-CENTRED MEDICINE

- PATIENT-CENTRED MEDICINE INCREASES SATISFACTION FOR BOTH THE DOCTOR AND THE PATIENT
- FEWER MEDICAL MALPRACTICE TRIALS
- REDUCED USAGE OF ADDITIONAL EXAMINATIONS AND REFERRALS
- IMPROVED RECOVERY IN CHRONIC CONDITIONS AND PATIENTS' EMOTIONAL HEALTH
- BETTER TREATMENT COMPLIANCE

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# PATIENT-CENTRED MEDICAL EDUCATION

### PATIENT-CENTRED MEDICAL EDUCATION

"A FORM OR METHOD OF TEACHING MEDICINE THAT ENABLES THE FUTURE DOCTOR TO EXERCISE CLINICAL JUDGEMENT THAT COMBINES THE TYPICAL ASPECTS OF THE DISEASE TOGETHER WITH THE PATIENT'S LIFE AND PSYCHOBIOLOGICAL CIRCUMSTANCES"

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**EXCHANGE OF INFORMATION** 





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# PATIENT-CENTRED MEDICAL EDUCATION

### COMPONENTS OF PATIENT-CENTRED MEDICAL EDUCATION

- UNDERSTANDING THE PATIENT AS A WHOLE
- EXPLORING THE DISEASE AND THE EXPERIENCE OF BEING ILL
- LEARNING HOW TO IMPROVE THE DOCTOR-PATIENT RELATIONSHIP
- LEARNING THE ADEQUATE USE OF RESOURCES AND TIME

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# PATIENT-CENTRED MEDICAL EDUCATION

### **ADVANTAGES FOR THE STUDENT**

- \*LEARNING TO LISTEN TO THE PATIENT'S WORRIES AND CONCERNS
- \*KNOWING AND UNDERSTANDING THE PATIENT'S BELIEFS AND EXPECTATIONS ABOUT THEIR DISEASE
- \*INCLUDE THE PATIENT'S VIEW OF THE PROBLEM IN THEIR WORK AS A MEDICAL PROFESSIONAL
- \*OBTAIN A REALISTIC VIEW OF THE MEDICAL OR PSYCHOSOCIAL PROBLEM THEY ARE ADDRESSING

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# PATIENT-CENTRED MEDICAL EDUCATION

### DIFFICULTIES FOR PATIENT-CENTRED MEDICAL EDUCATION

- TRAINING GIVEN TO CLINICAL TEACHING STAFF
- SERVICE DELIVERY CONCEPT IN ACADEMIC AND PROFESSIONAL PRACTICE
- TIME AS A DETERMINING FACTOR IN PROFESSIONAL EFFICACY
- CONCEPT OF COMMUNICATION SKILLS AS SOMETHING INNATE IN A PERSON

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# PATIENT-CENTRED MEDICAL EDUCATION

WHERE DO WE GO FROM HERE?

- \*ANALYSIS AND EVALUATION OF THE FUTURE DOCTOR'S EMPATHY (JEFFERSON SCALE TEST)
- \*TRANSVERSAL HUMANISTIC CURRICULAR DESIGN
- \*TEACHING HUMANITY AND SCIENCE

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# PATIENT-CENTRED MEDICAL EDUCATION

CAN ANYONE BE A HEALTH SCIENCE TEACHER OR PROFESSIONAL?

# THIS SHOULD NOT BE THE CASE!!!!!!

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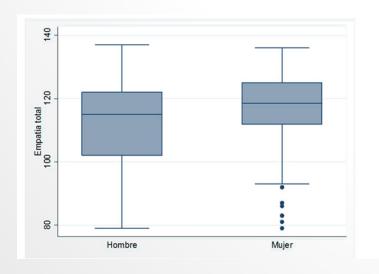
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## **EMPATHY/GENDER**



Source: Esquerda M., et al: Medical Empathy, is it Born or is it Made? Evolution of Empathy in Medical Students. Aten Primaria;48:8-14 2016

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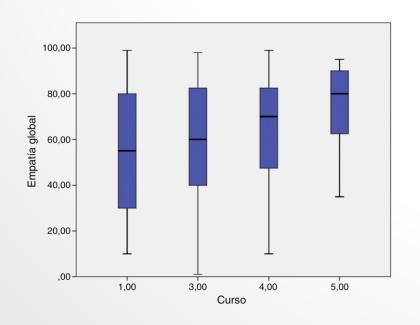
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# **EMPATHY/YEAR OF STUDY**



Source: Esquerda M., et al: Medical Empathy, is it Born or is it Made? Evolution of Empathy in Medical Students. Aten Primaria;48:8-14 2016

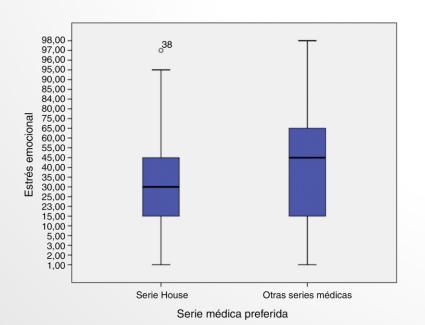
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# PATIENT-CENTRED MEDICAL EDUCATION

# **EMPATHY/FICTION**



Source: Esquerda M., et al: Medical Empathy, is it Born or is it Made? Evolution of Empathy in Medical Students. Aten Primaria;48:8-14 2016

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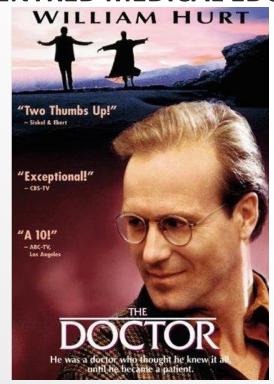
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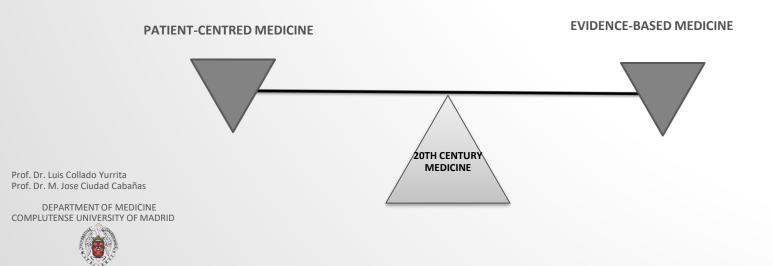
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# PATIENT-CENTRED MEDICAL EDUCATION

### WHERE SHOULD WE GO?



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# PATIENT-CENTRED MEDICAL EDUCATION

THANK YOU VERY MUCH FOR LISTENING!!!!

"THE BEST DOCTOR ISN'T THE ONE WHO KNOWS THE MOST, IT'S THE ONE WHO LISTENS THE BEST"

Prof. Dr. Luis Collado Yurrita Prof. Dr. M. Jose Ciudad Cabañas