PATIENT-CENTRED MEDICAL EDUCATION

“TOWARDS THE HUMANISATION OF MEDICAL TEACHING”
PATIENT-CENTRED MEDICAL EDUCATION

BACKGROUND HISTORY

- 1957 Michael Balint. Developed the Clinician Self-Awareness Model
- 1979. Wright and MacAdam. Described the Patient-Centred Method
- 1986 Newman and Young described the clinical approach of the person as a whole

PATIENT-CENTRED MEDICAL EDUCATION

DOCTORS ARE MEN WHO PRESCRIBE MEDICINES OF WHICH THEY KNOW LITTLE, TO CURE DISEASES OF WHICH THEY KNOW LESS, IN HUMAN BEINGS OF WHOM THEY KNOW NOTHING

Voltaire (1694-1778)
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HOSPITAL MEDICINE

PRIMARY CARE MEDICINE

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PATIENT-CENTRED MEDICINE

- KNOWING
- UNDERSTANDING
- SHARED GROUND
- BEING REALISTIC
- RESPECTING

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BENEFITS OF PATIENT-CENTRED MEDICINE

• PATIENT-CENTRED MEDICINE INCREASES SATISFACTION FOR BOTH THE DOCTOR AND THE PATIENT
• FEWER MEDICAL MALPRACTICE TRIALS
• REDUCED USAGE OF ADDITIONAL EXAMINATIONS AND REFERRALS
• IMPROVED RECOVERY IN CHRONIC CONDITIONS AND PATIENTS' EMOTIONAL HEALTH
• BETTER TREATMENT COMPLIANCE
PATIENT-CENTRED MEDICAL EDUCATION

"A FORM OR METHOD OF TEACHING MEDICINE THAT ENABLES THE FUTURE DOCTOR TO EXERCISE CLINICAL JUDGEMENT THAT COMBINES THE TYPICAL ASPECTS OF THE DISEASE TOGETHER WITH THE PATIENT'S LIFE AND PSYCHOBIOLOGICAL CIRCUMSTANCES"

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TRUE COMMUNICATION ≠ EXCHANGE OF INFORMATION

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COMPONENTS OF PATIENT-CENTRED MEDICAL EDUCATION

• UNDERSTANDING THE PATIENT AS A WHOLE
• EXPLORING THE DISEASE AND THE EXPERIENCE OF BEING ILL
• LEARNING HOW TO IMPROVE THE DOCTOR-PATIENT RELATIONSHIP
• LEARNING THE ADEQUATE USE OF RESOURCES AND TIME
PATIENT-CENTRED MEDICAL EDUCATION

ADVANTAGES FOR THE STUDENT

* LEARNING TO LISTEN TO THE PATIENT'S WORRIES AND CONCERNS

* KNOWING AND UNDERSTANDING THE PATIENT'S BELIEFS AND EXPECTATIONS ABOUT THEIR DISEASE

* INCLUDE THE PATIENT'S VIEW OF THE PROBLEM IN THEIR WORK AS A MEDICAL PROFESSIONAL

* OBTAIN A REALISTIC VIEW OF THE MEDICAL OR PSYCHOSOCIAL PROBLEM THEY ARE ADDRESSING
PATIENT-CENTRED MEDICAL EDUCATION

DIFFICULTIES FOR PATIENT-CENTRED MEDICAL EDUCATION

• TRAINING GIVEN TO CLINICAL TEACHING STAFF
• SERVICE DELIVERY CONCEPT IN ACADEMIC AND PROFESSIONAL PRACTICE
• TIME AS A DETERMINING FACTOR IN PROFESSIONAL EFFICACY
• CONCEPT OF COMMUNICATION SKILLS AS SOMETHING INNATE IN A PERSON
PATIENT-CENTRED MEDICAL EDUCATION

WHERE DO WE GO FROM HERE?

*ANALYSIS AND EVALUATION OF THE FUTURE DOCTOR'S EMPATHY (JEFFERSON SCALE TEST)

*TRANSVERSAL HUMANISTIC CURRICULAR DESIGN

*TEACHING HUMANITY AND SCIENCE
PATIENT-CENTRED MEDICAL EDUCATION

CAN ANYONE BE A HEALTH SCIENCE TEACHER OR PROFESSIONAL?

THIS SHOULD NOT BE THE CASE!!!!!!

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EMPATHY/GENDER


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EMPATHY/YEAR OF STUDY

PATIENT-CENTRED MEDICAL EDUCATION

EMPATHY/FICTION

PATIENT-CENTRED MEDICAL EDUCATION

"Two Thumbs Up!"
- Siskel & Ebert

"Exceptional!"
- CBS-TV

"A 10!"
- ABC-TV, Los Angeles

He was a doctor, who thought he knew it all... until he became a patient.

PATIENT-CENTRED MEDICAL EDUCATION
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WHERE SHOULD WE GO?

PATIENT-CENTRED MEDICINE

EVIDENCE-BASED MEDICINE

20TH CENTURY MEDICINE

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THANK YOU VERY MUCH FOR LISTENING!!!!

“THE BEST DOCTOR ISN'T THE ONE WHO KNOWS THE MOST, IT'S THE ONE WHO LISTENS THE BEST”