



European Summer Program - Elective Health Science

ESP1: 24 May to 22 June 2018

ESP2: 25 June to 21 July 2018

The LILLE European Summer Program (ESP) offers a comprehensive program for students in health and nursing. This program is also open to students in public health, political science, ethics, and social care.

Two sessions are offered, in June and July. They can also be combined for a 8-week experience offering more contact hours and ECTS credits.

Why study health this summer in Lille?

At the crossroads of Europe, Lille is the perfect location to discover European health care services and the unique French health care system.

The **French healthcare system** covers every resident in France regardless of age, income, or status. The majority of **French healthcare** costs are covered by the state via a public insurance scheme, and poorest people and the long-term sick or disabled are covered 100%.

France's high-quality, affordable, and widely accessible health-care system led the World Health Organization to rank it #1 out of 191 countries for best overall healthcare in 2000, the only such ranking ever completed.

The *Université Catholique de Lille* hosts the only French private medical faculty, created in 1876, and offers a unique environment to study health and care thanks to cutting-edge programs in health, midwifery, nursing, and social work, as well as a hospital group of 700 beds, health-care institutions, and research centers for medical ethics.

This ecosystem enables hands-on instruction and an opportunity for students to be immersed in the reality of health and nursing and to discover innovative approaches to current challenges.

As part of its mission to take care of the most vulnerable populations, the University, together with its health institutions and the local authorities, has also set up two "Living Labs" around its campus. These two urban projects aim at creating structures and activities to promote new ways of integrating the most fragile people. They combine hospital, retirement home, nursing schools and some voluntary organisations to provide unique research opportunities to develop new educational and professional practices.



ESP1: 24 May to 22 June 2018

Healthcare in France: Innovative Solutions for New Challenges - 40 hours / 6 ECTS credits (including 13 hours of cultural immersion and intercultural communication)

Coordinated by: Faculty of Medicine of the *Université Catholique de Lille*



At the end of the course, students will have a good understanding of France's health care system and its current challenges. Students will have been immersed in European culture and will better understand the relation of European people to health. Students will also have visited a number of health centres for a hands-on learning experience and discovery of innovative approaches to current challenges.

> Content:

- **Module 1:** Health policies in France and Europe
- **Module 2:** French health care organisation
- **Module 3:** Visit of Humanité, the *Université Catholique de Lille's* "Living Lab": how to create structures, activities, and communities that promote new ways of integrating the most fragile people
- **Module 4:** Organisation of care for Alzheimer's disease with a visit to the Helpers' Relief Centre
- **Module 5:** Health, culture, and beliefs
- **Module 6:** Gerontology and ageing prevention with a visit to the *Université Catholique de Lille's* Elder and Dependent People's institution
- **Module 7:** Health prevention and education in France
- **Module 8:** Handicaps and disability in French society and health care organisations
- **Module 9:** Palliative care and end of life

> Electives

- French Intensive Language Course: 48 hours / 4 ECTS credits
Students are divided into groups by level, from absolute beginner to advanced, with a maximum of 16 students per group
- Molecular Biology module - available for students who are not interested in the French language course: 40 hours / 3 ECTS credits

TOTAL: 4 weeks / 80–88 hours for 9–10 ECTS credits

Optional module

- French Conversation class - 15 hours for 2 ECTS credits.

TOTAL with optional module: 4 weeks / 103 hours for 12 ECTS.

Delivery of certificate of completion for the French course + official transcript.

More information on the social program on our website.

ESP2: 25 June to 21 July 2018

Health: a common good? A multidisciplinary approach to health in the social context - 40 hours / 6 ECTS credits (including 13 hours of cultural immersion and intercultural communication).

Coordinated by: *Institut Social de Lille*



This course will give students tools to broaden their mind and their understanding of health in a social context, through a multidisciplinary "toolbox" (sociology, anthropology, political science and philosophy, economy, and social work) designed to stimulate creative practices in their home environments.

In the Western world, health is often understood in its restrictive sense of "absence of disease". However, other cultures, along with the World Health Organization, emphasize the notion of "wellbeing" as well as social and environmental factors involved in health. Health and well-being can be seen as social constructs, that is, a form of consensus that varies according to the social context. The implementation of welfare states in Europe was the result of a long process that has led our societies to envision health both as a right and as a common good.

In this course, we will try to understand how health needs are apprehended and addressed in our societies thanks to input from various disciplines. It will help us nourish our critical thinking regarding the place of health in our home societies, and to design, as a final assignment, our own "reasoned utopia".

> Content:

- **Module 1:** Introduction: health and welfare states, from utopia to reality. A social-historical approach of how welfare States came to be, based on the French example.
- **Module 2:** What is "the good life"? A philosophical and political approach to wellbeing in our societies
- **Module 3:** A sociological and anthropological approach to health. Health as a cultural notion (intercultural / gender issues), health and inequalities
- **Module 4:** Field trip to 2 institutions related to health in the Lille area
- **Module 5:** The data behind the "economy of health". A macro-economic approach to health and well-being as an investment
- **Module 6:** "Utopia" workshop: building a fair society. Tools for a participatory construction
- **Module 7:** Restitution and evaluation
Every morning, students take a French Intensive Language Course. Students are divided into groups by level, from absolute beginner to advanced, with a maximum of 16 students per group (48hours / 4 ECTS credits)

TOTAL: 4 weeks / 88 hours for 10 ECTS credits

Optional module

- French Conversation class - 15 hours for 2 ECTS credits.

TOTAL with optional module: 4 weeks / 103 hours for 12 ECTS.

More information on the social program on our website.